

**Swimming Team Zennevallei**  
**PK Lange Afstand**

**Meise (BEL) 1//2/11/2024**

Uitslag overzicht

Korte baan (25m)

Achternaam, Voornaam	Gbjr	Afstand/zwemslag	Pl.	Tijd	RorVersch.	Afstand/zwemslag	Pl.	Tijd	RorVersch.
Ghislain Antoine	13	: 800 vrije slag	5	12:40.63	94%				
Ghislain Emilie	07	: 800 vrije slag	3	10:45.92	98%	1500 vrije slag	2	20:31.77	100%

Totaal 3 persoonlijke uitslag, Gemiddelde prestatie: 97,3%  
0 nieuw(e) record(s), 0 nieuw(e) persoonlijke record(s)

PK Lange Afstand  
Meise, 1 - 2/11/2024

1 - vrijdag 1 november 2024

1/11/2024 - 9:00

Programmanr. 1  
1/11/2024 - 9:00

Heren, 800m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
<b>11 jaar</b>			
1. Jacquemyns Kobe	DDAT/11137/13 10:59.64	<b>10:54.68</b>	310
100m: 1:16.04 200m: 2:38.49 400m: 5:24.06 800m: 10:54.68			
2. Aerts Lenn	SCWR/11071/13 11:41.96	<b>11:15.67</b>	282
100m: 1:21.30 200m: 2:46.67 400m: 5:39.63 800m: 11:15.67			
3. Anslot Sacha	SCWR/11069/13 12:29.69	<b>11:48.15</b>	245
100m: 1:23.08 200m: 2:52.87 400m: 5:53.39 800m: 11:48.15			
4. Claes Tiebe	DDAT/11139/13 13:09.15	<b>12:35.65</b>	202
100m: 1:28.46 200m: 3:03.81 400m: 6:18.50 800m: 12:35.65			
5. Ghislain Antoine	STZ/11148/13 12:17.02	<b>12:40.63</b>	198
100m: 1:29.16 200m: 3:08.21 400m: 6:23.64 800m: 12:40.63			
6. Herman Wout	ALZV/11172/13 13:00.00	<b>13:15.94</b>	172
100m: 1:29.33 200m: 3:08.43 400m: 6:31.43 800m: 13:15.94			
7. Props Lukas	DIZV/11147/13 15:27.65	<b>14:03.43</b>	145
100m: 1:38.67 200m: 3:25.35 400m: 7:00.94 800m: 14:03.43			
8. Van Houcke Xander	ZIOS/11122/13 15:00.00	<b>14:53.14</b>	122
100m: 1:43.30 200m: 3:36.11 400m: 7:23.11 800m: 14:53.14			
9. Haezebrouck Thijs	DIZV/11139/13 17:18.58	<b>14:56.19</b>	121
100m: 1:39.37 200m: 3:31.19 400m: 7:20.35 800m: 14:56.19			
<b>12 jaar</b>			
1. Wauters Sacha	SCWR/11062/12 11:22.80	<b>10:34.70</b>	340
100m: 1:14.59 200m: 2:35.02 400m: 5:16.28 800m: 10:34.70			
2. Chabottier Largo	KLSVZ/11120/12 11:43.00	<b>10:38.49</b>	334
100m: 1:14.98 200m: 2:37.57 400m: 5:20.03 800m: 10:38.49			
3. Devue Nicolas	KAZS/11115/12 10:30.00	<b>10:57.19</b>	307
100m: 1:16.48 200m: 2:40.07 400m: 5:28.69 800m: 10:57.19			
4. Deraemaecker Mathias	LAQUA/11547/11 11:25.00	<b>11:04.53</b>	297
100m: 1:19.65 200m: 2:43.54 400m: 5:31.86 800m: 11:04.53			
5. Hermans Viktor	ALZV/11156/12 14:20.30	<b>12:11.39</b>	222
100m: 1:26.64 200m: 2:59.87 400m: 6:06.99 800m: 12:11.39			
6. Van Den Berghe Vince	ALZV/11147/12 12:50.00	<b>12:19.23</b>	215
100m: 1:29.22 200m: 3:02.87 400m: 6:10.40 800m: 12:19.23			
7. Bombaert Louis	ZIOS/11120/12 10:00.00	<b>12:49.29</b>	191
100m: 1:27.04 200m: 3:05.67 400m: 6:24.05 800m: 12:49.29			
FF Vernimmen Nicholas	FFLAQUA/11480/11 11:15.00		
<b>13 jaar</b>			
1. Vanderlinden Roald	LAQUA/11441/11 10:34.35	<b>9:57.48</b>	408
100m: 1:11.90 200m: 2:29.11 400m: 5:01.18 800m: 9:57.48			
2. Aerts Mads	SCWR/11056/11 10:45.21	<b>10:21.13</b>	363
100m: 1:12.03 200m: 2:29.88 400m: 5:06.69 800m: 10:21.13			
3. Vanderborght Milan	SCZ/11086/11 11:36.98	<b>10:43.83</b>	326
100m: 1:17.43 200m: 2:39.75 400m: 5:23.01 800m: 10:43.83			

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 1, Jongens, 800m vrije slag, 13 jaar

Rang		Inschr.	Tijd	Pnt
4.	Spadea Mattia	LAQUA/11461/11	11:19.33	<b>10:57.84</b> 306
	100m: 1:17.04 200m: 2:40.54 400m: 5:27.98 800m: 10:57.84			
5.	Asscherickx Sebastiaan	KAZS/11185/11	10:30.00	<b>11:00.64</b> 302
	100m: 1:17.22 200m: 2:41.64 400m: 5:30.98 800m: 11:00.64			
6.	Peeters Kobe	DIZV/11122/11	13:43.46	<b>12:13.24</b> 221
	100m: 1:23.17 200m: 2:53.58 400m: 5:59.20 800m: 12:13.24			
7.	Verstrynge Oscar	DIZV/11154/11	15:49.34	<b>14:01.41</b> 146
	100m: 1:34.09 200m: 3:22.10 400m: 6:57.39 800m: 14:01.41			

14 jaar

1.	Berlamont Daan	LAQUA/11535/11	10:29.51	<b>9:17.89</b> 502
	100m: 1:06.39 200m: 2:17.63 400m: 4:40.94 800m: 9:17.89			
2.	Van Sintejan Romain	SCWR/11052/10	9:54.66	<b>9:30.32</b> 469
	100m: 1:04.44 200m: 2:13.30 400m: 4:36.16 800m: 9:30.32			
3.	Masaitis Mantas	SCWR/11082/10	9:28.84	<b>9:32.87</b> 463
	100m: 1:06.62 200m: 2:18.70 400m: 4:44.98 800m: 9:32.87			
4.	Bakx Warre	ZCK/12095/10	10:14.06	<b>9:46.69</b> 431
	100m: 1:07.31 200m: 2:19.77 400m: 4:47.73 800m: 9:46.69			
5.	Heuninck Miel	ZIOS/11097/10	10:21.09	<b>10:09.97</b> 384
	100m: 1:11.30 200m: 2:26.87 400m: 5:01.17 800m: 10:09.97			
6.	Bobev Boyan	LAQUA/11400/11	10:52.17	<b>10:15.56</b> 373
	100m: 1:13.84 200m: 2:32.47 400m: 5:07.75 800m: 10:15.56			
7.	De Backer Brent	ZIOS/11101/10	10:50.55	<b>10:17.08</b> 371
	100m: 1:12.55 200m: 2:30.69 400m: 5:07.28 800m: 10:17.08			
8.	Sonumut Arman	SCZ/11115/10	10:45.00	<b>10:17.82</b> 369
	100m: 1:12.92 200m: 2:28.41 400m: 5:04.00 800m: 10:17.82			
9.	Slootmaekers Matteo	LAQUA/11387/11	10:36.43	<b>10:27.43</b> 352
	100m: 1:14.34 200m: 2:33.76 400m: 5:14.15 800m: 10:27.43			
10.	Van Houcke Quinten	ZIOS/11084/10	11:49.44	<b>11:06.16</b> 294
	100m: 1:17.78 200m: 2:42.42 400m: 5:33.26 800m: 11:06.16			
11.	Turf Sander	ZIOS/11114/10	10:50.00	<b>11:06.52</b> 294
	100m: 1:14.51 200m: 2:37.25 400m: 5:25.94 800m: 11:06.52			
12.	Claes Elian	DDAT/11105/10	11:07.32	<b>11:13.44</b> 285
	100m: 1:17.57 200m: 2:42.99 400m: 5:34.71 800m: 11:13.44			
13.	Van Loon Bas	ZCK/12122/10	13:00.00	<b>11:21.26</b> 275
	100m: 1:17.61 200m: 2:43.73 400m: 5:37.10 800m: 11:21.26			
14.	Vanbellingen Erlend	ALZV/11083/10	12:00.00	<b>11:44.83</b> 248
	100m: 1:18.69 200m: 2:44.62 400m: 5:40.51 800m: 11:44.83			
15.	Verspecht Kobe	ZCK/12109/10	13:05.45	<b>11:46.35</b> 247
	100m: 1:20.29 200m: 2:49.58 400m: 5:50.85 800m: 11:46.35			

15 - 16 jaar

1.	Spadea Tommaso	LAQUA/11260/08	8:46.53	<b>8:22.64</b> 686
	100m: 1:01.42 200m: 2:04.72 400m: 4:11.45 800m: 8:22.64			
2.	Verroken Gerben	ZIOS/11130/08	9:02.17	<b>9:04.19</b> 540
	100m: 1:03.82 200m: 2:12.83 400m: 4:32.77 800m: 9:04.19			
3.	Van der Borghht Floris	ZCT/11072/08	9:25.88	<b>9:14.78</b> 510
	100m: 1:06.52 200m: 2:16.59 400m: 4:36.79 800m: 9:14.78			

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 1, Jongens, 800m vrije slag, 15 - 16 jaar

Rang					Inschr.	Tijd	Pnt
4.	Pelgrims Lowie				ZCT/11073/08	9:32.21	<b>9:22.64</b> 489
	100m: 1:07.71	200m: 2:19.28	400m: 4:42.97	800m: 9:22.64			
5.	Chafwehe Théo				KLSVZ/11140/08	10:21.00	<b>9:24.18</b> 485
	100m: 1:06.60	200m: 2:17.42	400m: 4:40.14	800m: 9:24.18			
6.	Van Grunderbeeck Bas				ZCT/11110/09	9:30.00	<b>9:27.41</b> 477
	100m: 1:07.76	200m: 2:19.63	400m: 4:43.56	800m: 9:27.41			
7.	Geens Dré				ZCT/11117/09	9:30.00	<b>9:28.97</b> 473
	100m: 1:07.98	200m: 2:22.08	400m: 4:48.33	800m: 9:28.97			
8.	De Peyper Noah				ZIOS/11070/08	9:52.98	<b>9:32.77</b> 463
	100m: 1:05.50	200m: 2:17.12	400m: 4:41.57	800m: 9:32.77			
9.	Dehaen Ferre				KLSVZ/11114/08	11:19.09	<b>10:04.33</b> 395
	100m: 1:11.67	200m: 2:27.15	400m: 4:59.88	800m: 10:04.33			
10.	Slaets Cédric				ZCT/11091/09	9:50.00	<b>10:08.90</b> 386
	100m: 1:12.72	200m: 2:31.21	400m: 5:07.26	800m: 10:08.90			
11.	Flores Sébastien				KLSVZ/11115/08	11:50.00	<b>10:42.30</b> 329
	100m: 1:17.72	200m: 2:40.33	400m: 5:25.76	800m: 10:42.30			
FF	Hamdaoui Walid				FFDIZV/11132/08	13:37.61	
FF	Cornelissen Lars				FFALZV/11116/08	9:57.67	

17 jaar en ouder

1.	Van genechten Sander				LAQUA/11460/038	50.00	<b>9:00.25</b> 552
	100m: 1:03.92	200m: 2:11.14	400m: 4:25.78	800m: 9:00.25			
2.	De Backer Bjorn				ZIOS/11045/07	9:16.25	<b>9:06.69</b> 533
	100m: 1:04.77	200m: 2:13.78	400m: 4:33.30	800m: 9:06.69			
3.	Seghers Michiel				DDAT/11098/07	9:29.40	<b>9:20.38</b> 495
	100m: 1:05.54	200m: 2:16.35	400m: 4:38.22	800m: 9:20.38			
4.	Van De Veire Wannes				DDAT/11152/07	9:45.00	<b>9:30.44</b> 469
	100m: 1:05.96	200m: 2:17.59	400m: 4:42.46	800m: 9:30.44			
5.	Robberechts Robbe				ALZV/11062/07	10:07.50	<b>10:02.16</b> 399
	100m: 1:10.32	200m: 2:26.42	400m: 4:58.96	800m: 10:02.16			
6.	Peersman Niel				ALZV/11078/07	10:12.53	<b>10:05.27</b> 393
	100m: 1:07.59	200m: 2:21.92	400m: 4:56.24	800m: 10:05.27			

PK Lange Afstand  
Meise, 1 - 2/11/2024

2 - vrijdag 1 november 2024

1/11/2024 - 14:00

Programmanr. 2  
1/11/2024 - 14:00

400m vrije slag

9 - 10 jaar  
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
<b>9 - 10 jaar, Meisjes</b>			
1. Peersman Malin	LAQUA/21575/145:44.04	<b>5:30.99</b>	341
50m: 37.50 100m: 1:20.76 200m: 2:46.31 400m: 5:30.99			
2. Rogiers Layla	LAQUA/21572/145:40.96	<b>5:31.05</b>	341
50m: 37.79 100m: 1:19.87 200m: 2:44.16 400m: 5:31.05			
3. Rosseel Janne	TRUST/21220/14 6:19.65	<b>5:56.77</b>	272
50m: 38.92 100m: 1:22.92 200m: 2:53.60 400m: 5:56.77			
4. Soares Almeida Anna	LAQUA/21573/146:10.59	<b>5:58.66</b>	268
100m: 1:25.08 200m: 2:56.65 400m: 5:58.66			
5. Antipina Alexandra	LAQUA/21627/146:10.82	<b>6:00.41</b>	264
50m: 37.53 100m: 1:22.16 200m: 2:55.74 400m: 6:00.41			
6. Remans Alice	TRUST/21233/15 NT	<b>6:09.93</b>	244
50m: 40.54 100m: 1:26.50 200m: 3:01.15 400m: 6:09.93			
7. Anslot Méline	SCWR/21075/15 6:48.76	<b>6:24.09</b>	218
100m: 1:29.73 200m: 3:08.69 400m: 6:24.09			
8. Clabaut Elina	DIZV/21156/14 7:06.85	<b>6:34.35</b>	201
100m: 1:31.61 200m: 3:14.36 400m: 6:34.35			
9. Van Hoeymissen Janne	ALZV/21180/14 NT	<b>6:45.34</b>	185
100m: 1:37.69 200m: 3:23.32 400m: 6:45.34			
10. Props Karlien	DIZV/21151/15 7:09.03	<b>7:04.41</b>	161
50m: 46.74 100m: 1:40.46 200m: 3:31.88 400m: 7:04.41			
11. Michiels Evelyn	DIZV/21153/15 7:20.25	<b>7:23.70</b>	141
50m: 47.06 100m: 1:42.80 200m: 3:37.38 400m: 7:23.70			
12. Pinte Ella	ALZV/21175/15 NT	<b>7:27.92</b>	137
100m: 1:47.10 200m: 3:40.45 400m: 7:27.92			
<b>9 - 10 jaar, Jongens</b>			
1. Ginkels Robbe	LAQUA/11571/145:23.00	<b>5:23.85</b>	281
50m: 36.76 100m: 1:19.00 200m: 2:43.44 400m: 5:23.85			
2. Beuselinck Liam	SCWR/11070/14 5:56.64	<b>5:27.06</b>	273
100m: 1:18.68 200m: 2:43.31 400m: 5:27.06			
3. Grellier Oscar	SCWR/11079/14 NT	<b>6:04.07</b>	198
50m: 39.17 100m: 1:24.49 200m: 2:57.73 400m: 6:04.07			
4. Louckx Tim	SCWR/11068/14 6:19.81	<b>6:12.37</b>	185
50m: 40.73 100m: 1:25.81 200m: 3:01.49 400m: 6:12.37			
5. Lauwens Finn	ZCK/12138/14 NT	<b>6:14.20</b>	182
50m: 39.45 100m: 1:25.23 200m: 2:59.82 400m: 6:14.20			
6. De Roos Kasper	ZCK/12132/14 7:09.10	<b>6:18.47</b>	176
50m: 41.69 100m: 1:30.22 200m: 3:08.22 400m: 6:18.47			

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 3  
1/11/2024 - 14:30

Dames, 1500m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang	Inschr.	Tijd	Pnt
<b>11 jaar</b>			
1. Van Roy Onah	ALZV/21139/13 24:00.00	<b>21:01.65</b>	373
100m: 1:20.21 200m: 2:44.33 400m: 5:36.48 800m: 11:13.97 1500m: 21:01.65			
2. Verspecht Kaat	ZCK/22119/13 27:00.00	<b>23:06.63</b>	281
100m: 1:24.48 200m: 2:57.48 400m: 6:04.13 800m: 12:19.73 1500m: 23:06.63			
3. Biesemans Jana	ZIOS/21109/13 23:30.00	<b>23:28.23</b>	268
100m: 1:24.86 200m: 2:58.34 400m: 6:05.95 800m: 12:28.46 1500m: 23:28.23			
<b>13 jaar</b>			
1. Thys Lena	KAZS/21098/11 20:14.25	<b>19:24.63</b>	474
100m: 1:13.81 200m: 2:31.66 400m: 5:08.59 800m: 10:24.23 1500m: 19:24.63			
2. Desmet Sterre	KLSVZ/21102/1 22:22.00	<b>21:03.38</b>	371
100m: 1:18.05 200m: 2:41.16 400m: 5:25.76 800m: 10:59.99 1500m: 21:03.38			
3. Minten Paulien	KLSVZ/21119/1 24:40.00	<b>21:20.23</b>	357
100m: 1:21.13 200m: 2:48.31 400m: 5:41.66 800m: 11:28.84 1500m: 21:20.23			
4. Nsubuga Sofia	DDAT/21172/11 21:45.00	<b>21:20.24</b>	357
100m: 1:20.06 200m: 2:46.32 400m: 5:39.66 800m: 11:22.16 1500m: 21:20.24			
5. Roosen Tess	KLSVZ/21116/1 25:26.00	<b>22:32.91</b>	302
100m: 1:23.55 200m: 2:53.99 400m: 5:58.04 800m: 12:07.53 1500m: 22:32.91			
6. De Wilde Lore	DIZV/21127/11 27:30.45	<b>23:38.13</b>	262
100m: 1:24.52 200m: 2:57.52 400m: 6:05.14 800m: 12:29.42 1500m: 23:38.13			
<b>14 jaar</b>			
1. Vedernikova Vera	SCWR/21054/1 18:19.14	<b>18:34.47</b>	541
100m: 1:10.19 200m: 2:24.47 400m: 4:55.01 800m: 9:54.29 1500m: 18:34.47			
2. Barragan Nena	DDAT/21123/10 20:05.00	<b>19:51.65</b>	442
100m: 1:16.29 200m: 2:36.16 400m: 5:14.98 800m: 10:32.15 1500m: 19:51.65			
3. Van Der Meeren Lotte	DDAT/21118/10 20:33.09	<b>19:52.81</b>	441
100m: 1:16.72 200m: 2:36.35 400m: 5:16.46 800m: 10:35.60 1500m: 19:52.81			
4. Chafwehe Vanina	KLSVZ/21135/1 23:20.00	<b>20:39.27</b>	393
100m: 1:17.20 200m: 2:39.67 400m: 5:24.06 800m: 10:53.99 1500m: 20:39.27			
5. Van Boxstael Nora	KLSVZ/21072/1 23:52.00	<b>21:04.86</b>	370
100m: 1:19.25 200m: 2:43.25 400m: 5:33.68 800m: 11:14.78 1500m: 21:04.86			
6. Fernandez Pedrera Tarik Laila	KLSVZ/21132/1 24:54.00	<b>21:17.92</b>	358
100m: 1:18.74 200m: 2:44.31 400m: 5:35.12 800m: 11:20.91 1500m: 21:17.92			
7. Van Camberg Elena	DDAT/21119/10 22:30.00	<b>21:51.16</b>	332
100m: 1:20.76 200m: 2:48.94 400m: 5:42.66 800m: 11:34.16 1500m: 21:51.16			
8. Amadou Camille	KLSVZ/21092/1 24:58.00	<b>22:30.74</b>	304
100m: 1:25.53 200m: 2:56.21 400m: 5:58.09 800m: 12:00.81 1500m: 22:30.74			
9. Derijcke Laura	DIZV/21111/10 22:14.87	<b>22:53.78</b>	288
100m: 1:20.86 200m: 2:51.50 400m: 5:55.71 800m: 12:07.78 1500m: 22:53.78			
10. Bombaert Milla	ZIOS/21105/10 23:00.00	<b>23:08.52</b>	279
100m: 1:20.21 200m: 2:51.32 400m: 5:57.78 800m: 12:13.56 1500m: 23:08.52			

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 3, Dames, 1500m vrije slag

15 - 16 jaar

1.	Vedernikova Marina		SCWR/21044/08	18:00.86	<b>18:13.69</b>	572
	100m: 1:07.28	200m: 2:19.54	400m: 4:45.22	800m: 9:39.46	1500m: 18:13.69	
2.	Dalemans Lyn		ZCK/22065/09	18:50.51	<b>18:39.77</b>	533
	100m: 1:07.35	200m: 2:19.76	400m: 4:48.31	800m: 9:48.89	1500m: 18:39.77	
3.	Verspecht Lizanne		ZCK/22096/09	19:32.14	<b>18:58.48</b>	507
	100m: 1:10.26	200m: 2:24.43	400m: 4:53.59	800m: 9:56.28	1500m: 18:58.48	
4.	Jacobs Laurien		ZCK/22082/08	22:44.42	<b>20:45.61</b>	387
	100m: 1:15.73	200m: 2:37.15	400m: 5:22.77	800m: 10:55.29	1500m: 20:45.61	
5.	Kint Ruhne		ALZV/21119/09	20:22.54	<b>20:55.39</b>	378
	100m: 1:16.51	200m: 2:37.46	400m: 5:22.77	800m: 10:56.92	1500m: 20:55.39	
6.	Muylaert Yaelle		ZIOS/21111/09	24:00.00	<b>25:49.64</b>	201
	100m: 1:29.81	200m: 3:11.17	400m: 6:38.90	800m: 13:42.45	1500m: 25:49.64	

17 jaar en ouder

1.	Trioen Joke		DDAT/20279/02	19:26.21	<b>19:26.28</b>	472
	100m: 1:11.46	200m: 2:28.24	400m: 5:04.07	800m: 10:17.14	1500m: 19:26.28	
2.	Ghislain Emilie		STZ/21119/07	20:29.13	<b>20:31.77</b>	400
	100m: 1:16.74	200m: 2:39.87	400m: 5:24.06	800m: 10:52.60	1500m: 20:31.77	

3 - zaterdag 2 november 2024

2/11/2024 - 9:00

Programmanr. 4  
2/11/2024 - 9:00

Dames, 800m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang			Inshr.	Tijd	Pnt	
11 jaar						
1.	Van Roy Onah		ALZV/21139/13	12:00.00	<b>11:06.57</b>	367
	100m: 1:19.67	200m: 2:46.00	400m: 5:37.17	800m: 11:06.57		
2.	Bekkers Margaux		SCWR/21078/13	11:36.69	<b>11:08.83</b>	363
	100m: 1:18.94	200m: 2:43.77	400m: 5:33.75	800m: 11:08.83		
3.	Masaite Milda		SCWR/21073/13	11:41.77	<b>11:22.40</b>	342
	100m: 1:20.36	200m: 2:47.40	400m: 5:43.09	800m: 11:22.40		
4.	Decaluwé Elouise		ZCT/21159/13	12:10.37	<b>11:41.30</b>	315
	100m: 1:23.55	200m: 2:53.72	400m: 5:51.47	800m: 11:41.30		
5.	Deploige Felien		TRUST/21213/13	11:40.00	<b>11:51.67</b>	301
	100m: 1:26.37	200m: 2:57.77	400m: 6:00.06	800m: 11:51.67		
6.	Piessens Marie		ZCT/21164/13	12:39.46	<b>11:57.69</b>	294
	100m: 1:25.81	200m: 2:57.49	400m: 6:00.60	800m: 11:57.69		
7.	Janssen Lucy		ZCT/21177/13	12:40.00	<b>12:09.66</b>	280
	100m: 1:24.48	200m: 2:57.67	400m: 6:04.36	800m: 12:09.66		
8.	Verspecht Kaat		ZCK/22119/13	13:45.00	<b>12:11.83</b>	277
	100m: 1:22.18	200m: 2:54.35	400m: 6:01.95	800m: 12:11.83		
9.	Remans Rosalie		TRUST/21206/13	12:30.00	<b>12:16.49</b>	272
	100m: 1:26.09	200m: 2:59.24	400m: 6:08.18	800m: 12:16.49		
10.	Moxhet Tess		DIZV/21133/13	14:25.96	<b>12:32.16</b>	255
	100m: 1:25.16	200m: 3:00.35	400m: 6:14.03	800m: 12:32.16		

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 4, Meisjes, 800m vrije slag, 11 jaar

Rang					Inschr.	Tijd	Pnt	
11.	De Wilde Margot				DIZV/21131/13	14:52.47	238	
	100m:	1:28.33	200m:	3:05.16	400m:	6:21.84	800m:	12:49.79
12.	El Hachimi Nora				DIZV/21155/13	15:38.28	197	
	100m:	1:29.93	200m:	3:12.00	400m:	6:41.01	800m:	13:40.19
13.	Kerckhofs Wouke				BEST/21148/13	13:45.00	181	
	100m:	1:39.15	200m:	3:24.57	400m:	7:01.50	800m:	14:03.00
FF	Nuytkens Marie				FFZCK/22113/13	13:30.00		

12 jaar

1.	Buggenhoudt Lena				DDAT/21125/12	10:43.03	423	
	100m:	1:15.08	200m:	2:35.70	400m:	5:17.30	800m:	10:35.64
2.	Ginkels Febe				LAQUA/21494/11	12:06.22	379	
	100m:	1:19.23	200m:	2:43.93	400m:	5:30.39	800m:	10:59.29
3.	Maes Julie				TRUST/21192/11	11:37.16	373	
	100m:	1:18.97	200m:	2:43.71	400m:	5:34.25	800m:	11:03.08
4.	Touquet Eline				SCWR/21061/11	11:18.20	356	
	100m:	1:18.89	200m:	2:41.54	400m:	5:28.75	800m:	11:13.17
5.	Piscaer Stanse				ZCT/21152/12	12:47.00	348	
	100m:	1:21.00	200m:	2:47.05	400m:	5:35.27	800m:	11:18.26
6.	Uytterhoeven Fiebe				ZCT/21143/12	11:25.24	340	
	100m:	1:21.86	200m:	2:49.44	400m:	5:42.99	800m:	11:23.62
7.	De Weerd Renée				ZCT/21141/12	11:22.23	333	
	100m:	1:21.90	200m:	2:47.19	400m:	5:44.07	800m:	11:28.65
8.	Vervloet Lin				ZCT/21155/12	13:21.53	311	
	100m:	1:25.76	200m:	2:53.19	400m:	5:50.69	800m:	11:44.52
9.	Van Sintejan Manon				SCWR/21058/11	12:28.92	310	
	100m:	1:20.95	200m:	2:49.81	400m:	5:48.81	800m:	11:44.77
10.	Van Hoomissen Chelsea				ZCK/22112/12	13:28.41	273	
	100m:	1:24.70	200m:	2:56.80	400m:	6:02.76	800m:	12:15.10
11.	Soares Almeida Lisa				LAQUA/21488/11	12:48.49	273	
	100m:	1:28.27	200m:	3:02.67	400m:	6:10.90	800m:	12:15.76
12.	Mahu Amy				SCZ/21097/12	13:39.99	238	
	100m:	1:30.30	200m:	3:07.76	400m:	6:23.22	800m:	12:49.35
13.	Moschonas Danaé				DIZV/21141/12	14:11.56	217	
	100m:	1:30.94	200m:	3:08.55	400m:	6:34.06	800m:	13:13.33
dis	Vermoesen Estée				dis:DDAT/21169/12	14:15.33		
	<i>SW 4.4 - valse start</i>							
FF	De Vocht Linne				FFZCT/21144/12	11:34.08		
FF	Barszczewska Julia				FFSCWR/21077/11	11:56.96		

13 jaar

1.	Vanderlinden Paulien				BEST/21117/11	10:59.36	427	
	100m:	1:16.15	200m:	2:37.19	400m:	5:18.11	800m:	10:33.79
2.	Kerckhofs Nienke				BEST/21116/11	11:23.65	403	
	100m:	1:17.28	200m:	2:39.81	400m:	5:23.81	800m:	10:46.18
3.	Decaluwé Helena				ZCT/21130/11	10:52.41	402	
	100m:	1:17.16	200m:	2:39.16	400m:	5:23.69	800m:	10:46.59
4.	Verherstraeten Lore				DIZV/21108/11	11:53.89	392	
	100m:	1:15.31	200m:	2:37.87	400m:	5:24.28	800m:	10:52.07

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 4, Meisjes, 800m vrije slag, 13 jaar

Rang		Inschr.	Tijd	Pnt
5.	Nsubuga Sofia 100m: 1:17.78 200m: 2:40.84 400m: 5:29.69 800m: 11:07.56	DDAT/21172/11 11:20.00	<b>11:07.56</b>	365
6.	Wijnants Victoire 100m: 1:18.66 200m: 2:45.51 400m: 5:46.14 800m: 11:39.20	BEST/21153/11 12:30.00	<b>11:39.20</b>	318
7.	Claeys Lotte 100m: 1:23.72 200m: 2:52.42 400m: 5:50.07 800m: 11:40.53	BEST/21144/11 13:08.08	<b>11:40.53</b>	316
8.	De Prater Juno 100m: 1:21.11 200m: 2:52.22 400m: 5:56.59 800m: 12:09.27	DDAT/21148/11 11:52.00	<b>12:09.27</b>	280
9.	Reyniers Fien 100m: 1:27.67 200m: 3:05.00 400m: 6:22.43 800m: 12:42.02	ZCK/22114/11 14:02.00	<b>12:42.02</b>	245
10.	Brams Ann-Sophie 100m: 1:28.62 200m: 3:08.29 400m: 6:27.14 800m: 13:03.58	ALZV/21149/11 14:12.09	<b>13:03.58</b>	226
FF	Vanlaere Anna	FFKLSVZ/21095/1 13:11.77		
FF	Delbrouck Sasha	FFALZV/21167/11 16:00.00		

14 jaar

1.	Adelmann Clara Cenxi 100m: 1:08.41 200m: 2:20.46 400m: 4:44.42 800m: 9:25.39	LAQUA/21382/109:59.53	<b>9:25.39</b>	602
2.	Vedernikova Vera 100m: 1:06.69 200m: 2:17.98 400m: 4:42.08 800m: 9:30.27	SCWR/21054/10 9:35.18	<b>9:30.27</b>	586
3.	Gansemans Kessy 100m: 1:11.89 200m: 2:27.82 400m: 4:59.07 800m: 9:56.47	SCWR/21074/10 10:28.89	<b>9:56.47</b>	512
4.	Bohmer Janne 100m: 1:12.12 200m: 2:28.22 400m: 5:02.19 800m: 10:04.97	ZCT/21108/10 9:59.31	<b>10:04.97</b>	491
5.	Thijs Maaike 100m: 1:15.84 200m: 2:33.61 400m: 5:09.47 800m: 10:16.43	ZCT/21132/10 10:31.60	<b>10:16.43</b>	464
6.	Verelst Laura 100m: 1:16.58 200m: 2:35.12 400m: 5:14.65 800m: 10:32.19	ZCT/21114/10 10:31.67	<b>10:32.19</b>	430
7.	Laenen Febe 100m: 1:13.05 200m: 2:33.72 400m: 5:15.17 800m: 10:41.21	KLSVZ/21078/10 11:42.04	<b>10:41.21</b>	412
8.	Medland Lorelien 100m: 1:14.37 200m: 2:34.75 400m: 5:19.23 800m: 10:46.87	LAQUA/21388/10 10:51.36	<b>10:46.87</b>	402
9.	Van Boxstael Nora 100m: 1:16.58 200m: 2:38.85 400m: 5:24.23 800m: 10:49.96	KLSVZ/21072/10 11:56.05	<b>10:49.96</b>	396
10.	Chafwehe Vanina 100m: 1:16.11 200m: 2:37.46 400m: 5:21.43 800m: 10:51.04	KLSVZ/21135/10 11:42.21	<b>10:51.04</b>	394
11.	Landrieu Nora 100m: 1:17.93 200m: 2:41.36 400m: 5:28.14 800m: 11:01.28	ZIOS/21100/10 12:45.68	<b>11:01.28</b>	376
12.	Fernandez Pedrera Tarik Laila 100m: 1:18.69 200m: 2:43.64 400m: 5:33.00 800m: 11:10.70	KLSVZ/21132/10 12:27.28	<b>11:10.70</b>	360
13.	Van Camberg Elena 100m: 1:20.22 200m: 2:45.31 400m: 5:40.17 800m: 11:27.26	DDAT/21119/10 11:44.00	<b>11:27.26</b>	335
14.	Jacobs Roxanne 100m: 1:20.27 200m: 2:47.70 400m: 5:43.79 800m: 11:28.06	ZCK/22103/10 11:40.12	<b>11:28.06</b>	334
15.	Louckx Célie 100m: 1:18.84 200m: 2:43.38 400m: 5:37.76 800m: 11:34.69	SCWR/21053/10 10:57.19	<b>11:34.69</b>	324
16.	Amadou Camille 100m: 1:20.23 200m: 2:48.63 400m: 5:46.98 800m: 11:42.73	KLSVZ/21092/10 12:29.35	<b>11:42.73</b>	313

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 4, Meisjes, 800m vrije slag, 14 jaar

Rang					Inschr.	Tijd	Pnt
17.	Dyrnes Nora				SCZ/21105/10	12:25.69	<b>11:51.42</b> 302
	100m:	1:24.65	200m:	2:54.79	400m:	5:55.76	800m: 11:51.42
FF	Uytterhoeven Flo				FFZCT/21107/10	10:24.73	
FF	De Cat Do				FFKAZS/21134/10	11:16.73	

15 - 16 jaar

1.	Vedernikova Marina				SCWR/21044/08	9:28.30	<b>9:34.01</b> 575
	100m:	1:06.26	200m:	2:18.37	400m:	4:43.19	800m: 9:34.01
2.	Veldhuis Victoria				ZCT/21096/09	9:47.04	<b>9:45.41</b> 542
	100m:	1:10.31	200m:	2:23.54	400m:	4:51.67	800m: 9:45.41
3.	Dalemans Lyn				ZCK/22065/09	9:55.90	<b>9:46.02</b> 540
	100m:	1:07.13	200m:	2:20.09	400m:	4:47.86	800m: 9:46.02
4.	De Backer Birgit				ZIOS/21066/09	9:59.82	<b>9:55.49</b> 515
	100m:	1:10.51	200m:	2:24.51	400m:	4:52.85	800m: 9:55.49
5.	Budnak Carolina				SCWR/21042/08	9:54.58	<b>9:56.72</b> 512
	100m:	1:08.16	200m:	2:21.95	400m:	4:52.71	800m: 9:56.72
6.	Geens Amélie				ZCK/22094/09	10:11.26	<b>10:02.78</b> 496
	100m:	1:10.92	200m:	2:27.30	400m:	4:59.68	800m: 10:02.78
7.	Ciobanu Anastasia				DDAT/21112/09	9:54.21	<b>10:04.17</b> 493
	100m:	1:08.05	200m:	2:22.43	400m:	4:53.99	800m: 10:04.17
8.	Verspecht Lizanne				ZCK/22096/09	10:07.04	<b>10:05.13</b> 491
	100m:	1:08.93	200m:	2:23.53	400m:	4:56.46	800m: 10:05.13
9.	Deconynck Sterre				TRUST/21166/08	10:06.72	<b>10:17.70</b> 461
	100m:	1:13.29	200m:	2:30.44	400m:	5:06.99	800m: 10:17.70
10.	Verspecht Lien				ZCK/22092/08	10:55.66	<b>10:45.55</b> 404
	100m:	1:16.09	200m:	2:37.13	400m:	5:21.58	800m: 10:45.55
11.	van der Poel Lara				SCZ/21051/08	10:37.61	<b>10:53.76</b> 389
	100m:	1:15.33	200m:	2:35.70	400m:	5:18.38	800m: 10:53.76
12.	Jacobs Laurien				ZCK/22082/08	11:46.44	<b>10:55.26</b> 386
	100m:	1:14.47	200m:	2:37.20	400m:	5:23.57	800m: 10:55.26
13.	Kint Ruhne				ALZV/21119/09	10:48.00	<b>10:56.75</b> 384
	100m:	1:15.11	200m:	2:37.23	400m:	5:22.66	800m: 10:56.75
14.	Van Roy Yana				ALZV/21085/09	11:13.25	<b>11:03.45</b> 372
	100m:	1:18.60	200m:	2:41.97	400m:	5:31.03	800m: 11:03.45
15.	Pillet Annelies				DDAT/21097/08	11:01.22	<b>11:10.13</b> 361
	100m:	1:16.95	200m:	2:39.14	400m:	5:30.98	800m: 11:10.13
16.	Sonumut Daphné				SCZ/21114/08	11:00.00	<b>11:15.00</b> 353
	100m:	1:17.43	200m:	2:40.09	400m:	5:29.78	800m: 11:15.00
17.	Baum Nore				SCZ/21053/08	11:01.76	<b>11:19.66</b> 346
	100m:	1:21.44	200m:	2:48.27	400m:	5:42.92	800m: 11:19.66
18.	Van Gorp Clara				KLSVZ/21055/08	12:32.75	<b>11:36.29</b> 322
	100m:	1:21.19	200m:	2:48.42	400m:	5:45.58	800m: 11:36.29
19.	Alloing Myrthe				KLSVZ/21063/08	11:58.93	<b>11:51.49</b> 302
	100m:	1:23.98	200m:	2:53.18	400m:	5:54.09	800m: 11:51.49
20.	Fernandez Pedrera Tarik Maissa				KLSVZ/21133/08	13:43.66	<b>12:54.54</b> 234
	100m:	1:30.45	200m:	3:07.74	400m:	6:23.81	800m: 12:54.54

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 4, Dames, 800m vrije slag

17 jaar en ouder

1.	Graham Jil	LAQUA/21654/069:07.84	<b>9:23.36</b>	608
	100m: 1:05.34 200m: 2:15.65 400m: 4:36.83 800m: 9:23.36			
2.	Trioen Joke	DDAT/20279/02 10:13.10	<b>10:19.10</b>	458
	100m: 1:12.79 200m: 2:31.12 400m: 5:08.43 800m: 10:19.10			
3.	Ghislain Emilie	STZ/21119/07 10:40.27	<b>10:45.92</b>	403
	100m: 1:14.57 200m: 2:36.45 400m: 5:21.03 800m: 10:45.92			
4.	Kennes Naomi	ZCK/22078/06 10:55.00	<b>11:03.41</b>	372
	100m: 1:15.21 200m: 2:36.57 400m: 5:23.99 800m: 11:03.41			
5.	Van Lierde Lana	ZIOS/21082/07 10:40.00	<b>11:07.42</b>	366
	100m: 1:19.91 200m: 2:44.09 400m: 5:32.60 800m: 11:07.42			
FF	Put Amélie	FFKAZS/21128/07 9:58.80		
FF	Paredis Jill	FFALZV/21124/07 11:34.20		

4 - zaterdag 2 november 2024

2/11/2024 - 14:00

Programmanr. 6  
2/11/2024 - 14:00

Heren, 1500m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2023

Rang		Inschr.	Tijd	Pnt
11 jaar				
1.	Vandenweghe Dries	ZCT/11165/13 23:30.00	<b>23:05.09</b>	228
	100m: 1:32.07 200m: 3:05.11 400m: 6:12.06 800m: 12:27.51 1500m: 23:05.09			
2.	Lemmens Luca	TRUST/11208/1:23:00.00	<b>23:12.34</b>	225
	100m: 1:28.94 200m: 3:01.34 400m: 6:10.26 800m: 12:28.87 1500m: 23:12.34			
3.	Claes Tiebe	DDAT/11139/13 25:15.00	<b>23:48.39</b>	208
	100m: 1:30.42 200m: 3:07.70 400m: 6:19.56 800m: 12:45.41 1500m: 23:48.39			
4.	Herman Wout	ALZV/11172/13 27:00.00	<b>24:51.13</b>	183
	100m: 1:29.06 200m: 3:09.40 400m: 6:32.91 800m: 13:16.58 1500m: 24:51.13			
5.	Laenen Cid	KLSVZ/11123/1:27:25.00	<b>25:27.26</b>	170
	100m: 1:37.37 200m: 3:22.40 400m: 6:51.30 800m: 13:31.80 1500m: 25:27.26			
12 jaar				
1.	Chabottier Largo	KLSVZ/11120/1:21:46.80	<b>19:59.19</b>	352
	100m: 1:13.97 200m: 2:34.53 400m: 5:16.41 800m: 10:39.03 1500m: 19:59.19			
2.	Ratiu Matheo	ZCT/11146/12 23:51.59	<b>20:57.35</b>	305
	100m: 1:17.75 200m: 2:42.00 400m: 5:29.48 800m: 11:08.66 1500m: 20:57.35			
3.	Van Den Berghe Vince	ALZV/11147/12 25:00.00	<b>23:04.00</b>	229
	100m: 1:25.69 200m: 2:56.72 400m: 6:02.62 800m: 12:12.97 1500m: 23:04.00			
4.	Van Gorp Lucas	KLSVZ/11126/1:25:50.00	<b>23:15.28</b>	223
	100m: 1:26.82 200m: 2:59.23 400m: 6:05.77 800m: 12:22.45 1500m: 23:15.28			
5.	Mertens Lander	ZCT/11156/12 23:30.00	<b>23:31.06</b>	216
	100m: 1:32.02 200m: 3:08.86 400m: 6:21.32 800m: 12:42.96 1500m: 23:31.06			
FF	Maertens Toon	FFZCT/11140/12 22:40.31		

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 6, Heren, 1500m vrije slag

13 jaar

1.	Vets Wannas				KAZS/11117/11	18:57.54	<b>18:29.33</b>	444		
	100m:	1:07.92	200m:	2:20.70	400m:	4:49.54	800m:	9:49.07	1500m:	18:29.33
2.	Vanderlinden Roald				LAQUA/11441/11	19:07.85	<b>18:44.77</b>	426		
	100m:	1:09.96	200m:	2:24.82	400m:	4:56.95	800m:	9:59.38	1500m:	18:44.77
3.	Vranckx Boudewijn				LAQUA/11449/123	13.03	<b>20:06.99</b>	345		
	100m:	1:13.78	200m:	2:33.55	400m:	5:15.23	800m:	10:43.96	1500m:	20:06.99
4.	Dierick Oscar				LAQUA/11495/120	15.00	<b>20:12.85</b>	340		
	100m:	1:15.99	200m:	2:38.68	400m:	5:27.06	800m:	10:55.91	1500m:	20:12.85
5.	Van den Broeck Tiebe				ZCK/12102/11	22:13.33	<b>20:44.98</b>	314		
	100m:	1:15.85	200m:	2:38.19	400m:	5:24.45	800m:	11:02.30	1500m:	20:44.98
6.	Verheyen Stephen				ZCT/11139/11	22:58.21	<b>20:56.97</b>	305		
	100m:	1:20.70	200m:	2:45.07	400m:	5:34.79	800m:	11:12.97	1500m:	20:56.97
7.	Tronckoe Kobe				DDAT/11131/11	22:39.91	<b>21:00.19</b>	303		
	100m:	1:16.54	200m:	2:40.63	400m:	5:25.22	800m:	11:02.89	1500m:	21:00.19
8.	De Peyper Mats				ZIOS/11113/11	22:00.00	<b>21:56.83</b>	265		
	100m:	1:19.60	200m:	2:46.69	400m:	5:44.28	800m:	11:48.97	1500m:	21:56.83

FF Dumon Ilan FFLAQUA/11452/121:00.00

14 jaar

1.	Berlamont Daan				LAQUA/11535/11	18:32.40	<b>17:39.34</b>	510		
	100m:	1:07.19	200m:	2:18.66	400m:	4:40.56	800m:	9:25.27	1500m:	17:39.34
2.	Van Sintejan Romain				SCWR/11052/10	19:02.41	<b>17:52.35</b>	492		
	100m:	1:06.72	200m:	2:17.94	400m:	4:41.65	800m:	9:30.67	1500m:	17:52.35
3.	Masaitis Mantas				SCWR/11082/10	18:16.68	<b>18:19.15</b>	457		
	100m:	1:08.21	200m:	2:21.28	400m:	4:48.04	800m:	9:43.93	1500m:	18:19.15
4.	Bobev Boyan				LAQUA/11400/121	06.16	<b>19:31.39</b>	377		
	100m:	1:09.57	200m:	2:27.42	400m:	5:03.99	800m:	10:21.39	1500m:	19:31.39
5.	Van Nooten Vic				LAQUA/11454/120	34.76	<b>19:38.87</b>	370		
	100m:	1:10.86	200m:	2:26.82	400m:	5:03.51	800m:	10:21.35	1500m:	19:38.87
6.	Slootmaekers Matteo				LAQUA/11387/120	02.61	<b>19:45.80</b>	364		
	100m:	1:12.54	200m:	2:30.46	400m:	5:09.61	800m:	10:29.33	1500m:	19:45.80
7.	Volckaert Thomas				ZIOS/11106/10	21:29.70	<b>19:48.51</b>	361		
	100m:	1:13.73	200m:	2:32.32	400m:	5:11.28	800m:	10:32.67	1500m:	19:48.51
8.	Gypen Thomas				KAZS/11209/10	19:48.51	<b>19:59.39</b>	352		
	100m:	1:13.85	200m:	2:33.97	400m:	5:13.82	800m:	10:37.82	1500m:	19:59.39
9.	Claes Elian				DDAT/11105/10	22:02.19	<b>21:01.56</b>	302		
	100m:	1:18.15	200m:	2:42.47	400m:	5:31.69	800m:	11:14.85	1500m:	21:01.56
10.	Verherstraeten Kobe				DIZV/11104/10	25:29.84	<b>21:44.46</b>	273		
	100m:	1:17.36	200m:	2:42.33	400m:	5:37.37	800m:	11:32.88	1500m:	21:44.46

15 - 16 jaar

1.	Van der Borgh Floris				ZCT/11072/08	17:40.48	<b>17:32.99</b>	520		
	100m:	1:07.44	200m:	2:19.08	400m:	4:40.08	800m:	9:22.92	1500m:	17:32.99
2.	Decaluwé Georges				ZCT/11097/09	18:04.26	<b>17:33.35</b>	519		
	100m:	1:08.10	200m:	2:20.20	400m:	4:42.35	800m:	9:26.35	1500m:	17:33.35
3.	Volckaert Matthias				ZIOS/11067/08	17:10.68	<b>17:34.30</b>	518		
	100m:	1:05.97	200m:	2:16.07	400m:	4:35.64	800m:	9:16.34	1500m:	17:34.30

PK Lange Afstand  
Meise, 1 - 2/11/2024

Programmanr. 6, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inschr.	Tijd	Pnt
4.	Vets Siebe				KAZS/11065/08 17:15.15	<b>17:39.00</b>	511
	100m:	1:06.35	200m:	2:16.55	400m: 4:36.69	800m: 9:18.19	1500m: 17:39.00
5.	Persoons Emiel				ZIOS/11078/08 18:40.02	<b>17:39.59</b>	510
	100m:	1:07.26	200m:	2:18.92	400m: 4:41.04	800m: 9:25.44	1500m: 17:39.59
6.	Chafwehe Théo				KLSVZ/11140/08 18:37.33	<b>18:01.24</b>	480
	100m:	1:07.49	200m:	2:19.35	400m: 4:42.17	800m: 9:31.99	1500m: 18:01.24
7.	Roovers Lucas				KAZS/11085/09 18:00.00	<b>18:21.50</b>	454
	100m:	1:09.45	200m:	2:22.61	400m: 4:50.65	800m: 9:50.50	1500m: 18:21.50
8.	Willem Arthur				KAZS/11114/09 20:10.50	<b>18:35.56</b>	437
	100m:	1:09.99	200m:	2:25.67	400m: 4:55.81	800m: 9:58.03	1500m: 18:35.56
9.	Maes Yoran				TRUST/11156/08 19:37.01	<b>18:41.76</b>	430
	100m:	1:07.71	200m:	2:21.67	400m: 4:53.36	800m: 9:59.43	1500m: 18:41.76
10.	Pasteels Einar				TRUST/11087/08 19:26.85	<b>19:07.84</b>	401
	100m:	1:08.16	200m:	2:21.94	400m: 4:53.30	800m: 10:04.37	1500m: 19:07.84
11.	Wouters Hannes				KAZS/11077/08 20:10.34	<b>19:08.49</b>	400
	100m:	1:11.33	200m:	2:27.85	400m: 5:01.56	800m: 10:10.72	1500m: 19:08.49
12.	Dehaen Ferre				KLSVZ/11114/08 20:26.65	<b>19:29.83</b>	379
	100m:	1:10.37	200m:	2:26.20	400m: 4:58.51	800m: 10:14.63	1500m: 19:29.83
13.	Flores Sébastien				KLSVZ/11115/08 22:03.74	<b>20:50.35</b>	310
	100m:	1:19.27	200m:	2:43.32	400m: 5:35.10	800m: 11:16.35	1500m: 20:50.35
FF	Stappaerts Jari				FFKAZS/11187/08 18:08.01		

17 jaar en ouder

1.	Ausloos Jens				KAZS/10205/03 16:30.00	<b>17:05.76</b>	562
	100m:	1:05.96	200m:	2:16.31	400m: 4:35.95	850m: 9:11.18	1500m: 17:05.76
2.	Van Nuffelen Wout				KAZS/11199/04 17:00.00	<b>17:08.16</b>	558
	100m:	1:05.88	200m:	2:15.91	400m: 4:35.45	800m: 9:10.41	1500m: 17:08.16
3.	Van genechten Sander				LAQUA/11460/01 16:50.00	<b>17:23.06</b>	535
	100m:	1:06.10	200m:	2:16.25	400m: 4:35.56	800m: 9:12.78	1500m: 17:23.06
4.	Van De Veire Wannes				DDAT/11152/07 18:30.00	<b>18:21.27</b>	454
	100m:	1:07.89	200m:	2:20.35	400m: 4:48.17	800m: 9:44.88	1500m: 18:21.27